

MEETING BREAK SUGGESTIONS

Health Break

Assorted Granola Bars
Fresh Fruit Skewers
Selection of Chilled Fruit Juices
Coffee, Tea & Decaffeinated Coffee

\$8.50 Per Person
(Minimum 10 People)

Frosty Break

Assorted Ice Cream Bars
Chocolate Fudgicles & Ice Cream Sandwiches
Assorted Soft Drinks
Coffee, Tea and Decaffeinated Coffee

\$9.50 Per Person
(Minimum 10 People)

Kick Start Break

Assorted Chocolate Bars
Bags of Chips & Pretzels
Assorted Soft Drinks
Coffee, Tea & Decaffeinated Coffee

\$9.50 Per Person
(Minimum 10 People)

Chocolate Lovers Break

Double Chocolate & Chocolate Chip Cookies
Chocolate Brownies
Chocolate Dipped Strawberries
Assorted Soft Drinks
Coffee, Tea & Decaffeinated Coffee

\$10.95 Per Person
(Minimum 10 People)

A la Carte Sélection

Coffee, Tea or Decaffeinated Coffee	\$2.25 Per Cup
Chilled Fruit Juices, 300ml	\$2.50 Each
Assorted Canned Soft Drinks, 355 ml	\$2.25 Each
Spring Water, 500 ml	\$2.50 Each
Perrier Water, 330ml	\$3.25 Each
Danish Pastries with Assorted Fruit Toppings	\$2.50 Each
Freshly Baked Muffins	\$2.50 Each
Croissants	\$2.50 Each
Tea Biscuit with Butter & Preserves	\$2.50 Each
Bagel with Cream Cheese	\$2.95 Each
Assorted Low Fat Yogurt	\$2.50 Each
Seasonal Sliced Fresh Fruit	\$4.50 Per Person
Assorted Gourmet Cookies - <i>Chocolate Chip, Double Chocolate Chip & Oatmeal Raisin</i>	\$13.95/ Dozen

Prices are subject to 8% PST, 5% GST & 15% Gratuity
2008 Catering Menus-Subject to change without notice